

Date: 29 January 2021

Re: Pre-budget Submission – Australian Government

Dear Treasury and relevant departments,

Thank you for taking the time to review our pre-budget submission.

Attached you will find a submission outlining our urgent need for investment to ensure the Smiling Mind digital mental health programs and resources can be maintained and supported given the incredible increase in demand we have seen over the past 12 months.

As you are well aware the mental health and wellbeing of Australians is of vital importance as we emerge from the pandemic and beyond. We commend the unprecedented investment from the government into mental health over recent years and we share your vision to ensure Australians have the best chance for a healthy future. We believe preventative approaches are vital and it is encouraging to see Australians turning to our app in record numbers. Now is the time to act in leveraging this interest in mental health and wellbeing across the country. With your support we can continue to support the 6 million people using our programs and ensure we continue to provide much needed, accessible and timely support at no cost.

We would welcome further conversations about this proposal and look forward to this in due course.

Kind Regards

Dr Addie Wootten

CEO